

**Seward County Bridges Suicide Prevention Coalition**

# **QPR Suicide Prevention Training**

**(Question, Persuade, and Refer)**

**Learn Three Simple Steps Everyone Needs to  
Know to Help Prevent Suicide**

*For any person or organization interested in preventing  
suicide in their community.*

**Date: Tuesday, March 6, 2012**

**Time: 5:30–7:30 p.m.**

**Location: Concordia University Seward  
Janzow Campus Center—Cattle Conference Room**

**To register visit:**

[www.sewardcountybridges.org](http://www.sewardcountybridges.org) or [www.fourcorners.ne.gov](http://www.fourcorners.ne.gov)

**For more information contact:**

Seward County Bridges (402) 417-9671 or Four Corners Health Department (877) 337-3573

**Trainer:**

Arnold A. Remington, MA, LMHP, CPC, is the Program Director for the Targeted Adult Service Coordination Program, a collaboration of Lutheran Family Services, Houses of Hope and Blue Valley Behavioral Health, and Cornhusker Place. Remington works directly with individuals in crisis and also trains law enforcement officers in recognizing signs of suicide and responding to at-risk individuals. Remington's other areas of expertise include program development, program management, data collection, and monitoring how behavioral health reform impacts communities.

**Free Training - Light Meal Served**

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Mental Health Services Administration (SAMSHA),  
United States Department of Health and Human Services (HHS),  
Garrett Lee Smith Memorial Act, and Nebraska Public Policy Center.*



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